

**FREE THE GYM!**



THE WORLD'S FIRST INNOVATION FROM ZILLERTAL.



**bodybuddy**

**the Streetstepper**

The greatest ideas, the ideas that rewrite history, almost always come from people who originate from rural areas, people who have still got time to reflect. Of course, it would be presumptuous to compare the "bodybuddy" with the great inventions of our time, such as the car, the telephone or the light bulb. Nevertheless, the "bodybuddy" streetstepper will change today's streetscape quite a bit.

The idea for this technical innovation stems from the gym where one works out on the spot using the so called "Stepper".

This image provided the inspiration for two brothers from Zillertal, the Buchberger duo Martin and Peter, the first of

whom has studied mechanical engineering at Graz Technical University, the other physics at the University of Innsbruck.

"Why work out on the spot when it is possible to convert this energy into movement?" In 2004 they built their first prototype with "automatic gradient gear shift" in the family workshop using ash wood. In 2005, the third generation of this unique gear system was developed sufficiently to apply for patenting. 2006 is the year the "bodybuddy" is ready to hit the production line and will be presented to the world at the "Eurobike" in Friedrichshafen, Germany.

TRAIN AND MOVE.



# THE SEXIEST TECHNIQUE IN THE CITY.



*Automatic, low maintenance gradient gear shift*



*Two uncoupled step pedals for optimum ergonomics and maximum efficiency, non-slip pedal surface*



*Adjustable handlebar height and position. One frame size fits all!*

*Lubricated industrial bearings, lifetime warranty*

*20inch wheels, hollow section rims, trade mark tyres with anti-puncture inlay*

*"Magura" hydraulic brakes (front disc and back rim)*

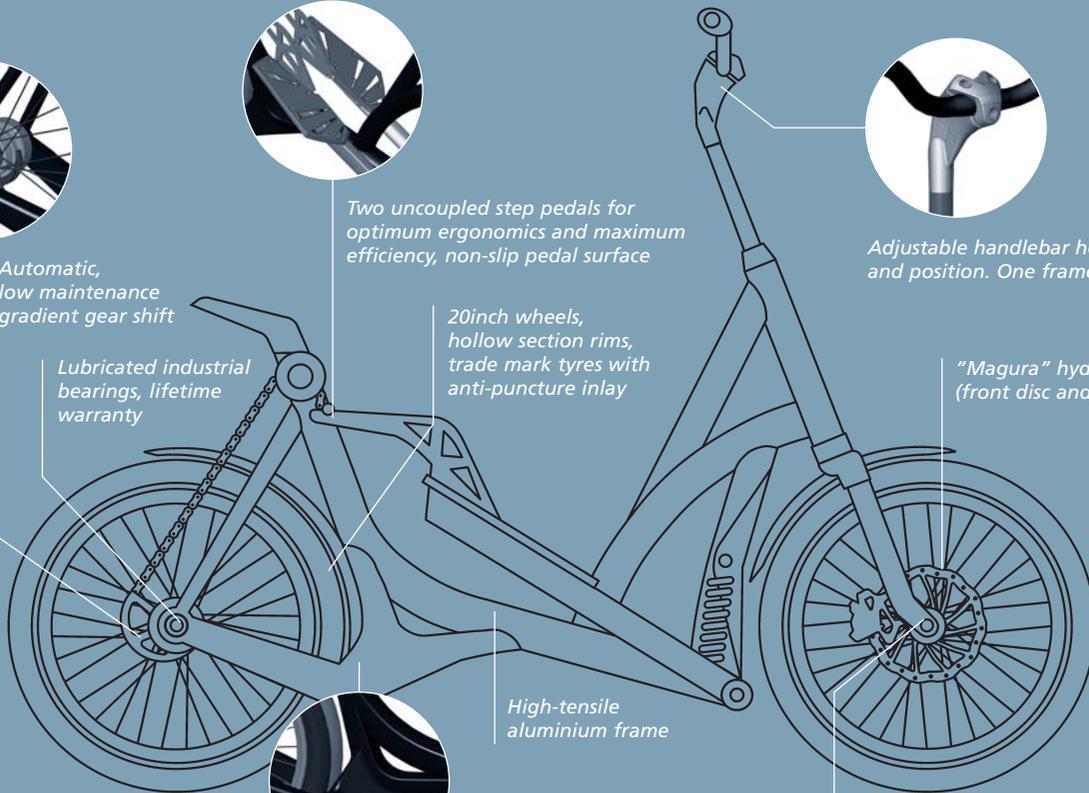
*High-tensile aluminium frame*

*Top speed of over 30km/h and 15% gradient (without the driver having to change gear)*



*Exciting design using shaped tubes and deep-drawn sheet metal parts*

*Frontal quick release axis for easy transportation in the car*

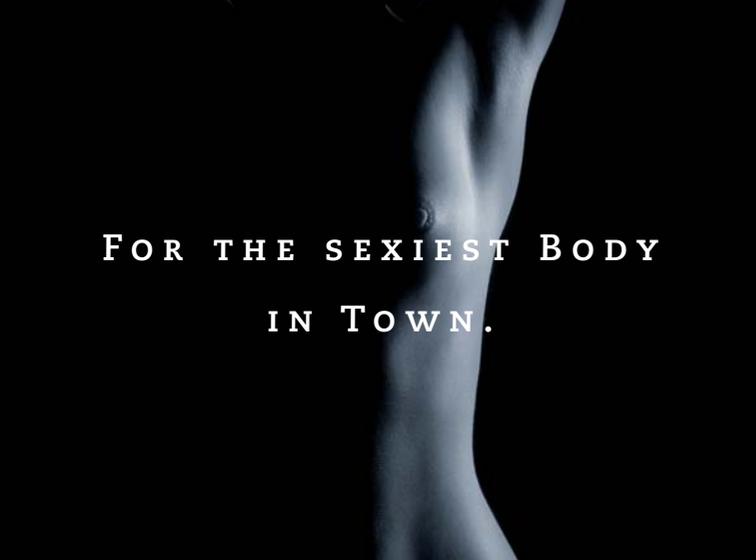




**bodybuddy**

the Streetstepper





FOR THE SEXIEST BODY  
IN TOWN.

DR GERHART HANDLE  
*(specialist in orthopaedics, Innsbruck)*

"I consider the "bodybuddy" to be an absolute sensation for orthopaedic and sport medicine reasons, because it offers the following advantages:

- Homogeneous, concentric muscle exertion (no micro traumas in the musculature as caused e.g. during mountain descent – no "aching muscles"
- Ideal for hip, knee and ankle joints (gentle joint-muscle coordination training and cardiovascular training without any damaging high impact stress)
- Upright body position and no spinal damaging forced posture caused otherwise by cycling. This avoids neck and lumbar vertebrae problems, often suffered by sportspersons".

What a fantastic way to get a workout on your way to the coffee bar. How charming to have a training session being on the way to a rendezvous wearing a dressy skirt and blouse.

The idea is so simple, with such amazing, healthy results. The "bodybuddy" relocates the probably most efficient training apparatus – the "Stepper" – from the gym out into the fresh air, and sets it in motion.

The Buchberger brothers, however, don't want to propagate the advantages of their invention themselves, but prefer to leave this to medics, physiotherapists and other qualified experts.

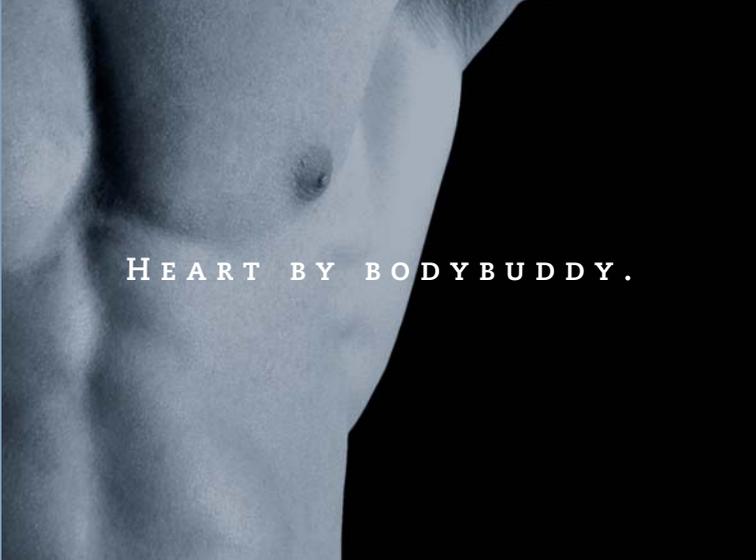


LEGS BY BODYBUDDY.

DPT ANNETTE FLEISCHMAN  
*(Dipl. Physiotherapist, Innsbruck)*

"The best thing that could happen for upright posture, as all movements associated with the "bodybuddy" promote a healthy and beautiful body. The main advantages from a physiotherapist's point of view are:

- Gentle, low impact step movement
- Works out all muscle groups which were created during evolution enabling us to walk upright
- As there is no saddle, tummy, upper body and arms are also in motion (no movement blockage from the hips upwards)
- The workout can take place automatically during your daily routine. Even couch potatoes will be motivated to move in the fresh air."



HEART BY BODYBUDDY.



BACK BY BODYBUDDY.

GÜNTHER MADER  
*(Ex Ski Ace, 14 times World Cup Champion)*

"As a sports person I realise the importance of coordination and balance. The "bodybuddy" automatically provides these important components for fitness due to the upright riding position and the uncoupled step pedals. Not only that, it's great fun too!"

JENS ROEPER  
*(head of product design at KISKA)*

"The "bodybuddy" streetstepper is a whole new vehicle category which cleverly combines mobility and fitness. We are delighted that we could emphasize the uniqueness of this product by a radical and innovative design."

# WORKING OUT HAS NEVER BEEN SO EASY OR LOOKED SO GOOD.



*stepping up*



*cruising around*



*speeding up*



*stepping uphill*

Just get on and go, it couldn't be easier! Before you start your trip with the "bodybuddy" you should dress up, because on the one hand the frame construction allows for easy mounting and dismounting, and on the other hand, there is not one greasy part your clothes could catch in.

The movement needed to set our "bodybuddy" in motion is just as easy as walking.

The "bodybuddy" is agile and responsive in stop and go traffic, and thanks to the gear shift invention it is as easy to use on the flat as it is uphill.

The "bodybuddy's" finest attribute, however, is that it increases your self confidence incredibly. Due to the upright riding

position and the elegant movement, you will make an imposing figure on the streetscape, enjoy a marvellous view of the road ahead, and will be able to look down on the hunched cyclists, cars, motorbike riders and pedestrians.

This feeling is simply unique.

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